

**COUPLE INTAKE - To be completed by Spouse/Partner 1**

(Email for scheduling & administrative purposes only)

Name \_\_\_\_\_ DOB \_\_\_\_\_ EMAIL \_\_\_\_\_

Address City & Zip \_\_\_\_\_ Identifying Gender \_\_\_\_\_

Preferred Phone for contact & messages CELL WORK HOME \_\_\_\_\_

Occupation, Employer & Address \_\_\_\_\_

ER Contact Name & Number (other than partner/spouse) \_\_\_\_\_

Duration of current marriage or relationship? \_\_\_\_\_

Previous Marriage(s)? \_\_\_\_\_ Dates & Duration \_\_\_\_\_

Children from current and previous marriages/relationships      School/Grade/Where residing

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Family & Medical History (Check all that apply indicating "S" for Self & "F" for Family**

\_\_\_\_\_ Depression      \_\_\_\_\_ Chronic Illness      \_\_\_\_\_ Neurological Problems      \_\_\_\_\_ Alcohol/Subst Abuse

\_\_\_\_\_ Bipolar Diso      \_\_\_\_\_ Physical Disability      \_\_\_\_\_ Learning Disability      \_\_\_\_\_ ADHD/ADD

\_\_\_\_\_ GI/Digestion      \_\_\_\_\_ Mental Illness      \_\_\_\_\_ Personality Disorders      \_\_\_\_\_ Anxiety (OCD, panic)

\_\_\_\_\_ Abuse: physical – sexual – emotional      \_\_\_\_\_ Physical Illness (ex: cancer)      \_\_\_\_\_ Other: \_\_\_\_\_

Current Medications & Who Prescribes? \_\_\_\_\_

Do you drink alcohol \_\_\_ smoke \_\_\_ use drugs \_\_\_ If yes, which & how often \_\_\_\_\_

Cutting Behavior \_\_\_\_\_ Thoughts of Suicide \_\_\_\_\_ Suicide Attempts \_\_\_\_\_ When \_\_\_\_\_

History of Medical/Mental Health Trauma \_\_\_\_\_

Previous Hospitalizations Where, When & Why \_\_\_\_\_

Name(s) of Previous Counselor(s) \_\_\_\_\_

Previous Counseling Issues \_\_\_\_\_

Are you adopted \_\_\_ If so, at what age \_\_\_\_\_ Contact w/biological mother \_\_\_\_\_ biological father \_\_\_\_\_

Are your parents divorced \_\_\_\_\_ How old were you \_\_\_\_\_ With whom did you reside \_\_\_\_\_

Mother's name, age, residence \_\_\_\_\_

Father's name, age, residence \_\_\_\_\_

Siblings names, ages, residences \_\_\_\_\_

Other significant family members in your life? \_\_\_\_\_

Significant family history/trauma: Relocation, Death, Divorce, Deployment, Conflictual Relationships

\_\_\_\_\_  
\_\_\_\_\_

Religious affiliation as a child? \_\_\_\_\_ Religious affiliation as adult? \_\_\_\_\_  
Highest level of education? \_\_\_\_\_ Financial/Legal problems? \_\_\_\_\_

**Current Symptoms and Behaviors of Concern (Please check all that apply)**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Anger                  | <input type="checkbox"/> Exercising too much/too little | <input type="checkbox"/> Peer Relationships                        |
| <input type="checkbox"/> Addiction _____        | <input type="checkbox"/> Finances                       | <input type="checkbox"/> Procrastination                           |
| <input type="checkbox"/> Alcohol Use            | <input type="checkbox"/> Flashbacks                     | <input type="checkbox"/> Recklessness                              |
| <input type="checkbox"/> Being Good to Yourself | <input type="checkbox"/> Hypervigilance                 | <input type="checkbox"/> Self-harming Behavior                     |
| <input type="checkbox"/> Binge Drinking         | <input type="checkbox"/> Impulsivity                    | <input type="checkbox"/> Sexually Acting Out                       |
| <input type="checkbox"/> Body Image             | <input type="checkbox"/> Irritability                   | <input type="checkbox"/> Sexual Problems/Dysfunction               |
| <input type="checkbox"/> Career/ Work           | <input type="checkbox"/> Lack of Ambition/Motivation    | <input type="checkbox"/> Sleeping Problems                         |
| <input type="checkbox"/> Compulsions            | <input type="checkbox"/> Marital/Couple Relationship    | <input type="checkbox"/> Socializing                               |
| <input type="checkbox"/> Concentration Problems | <input type="checkbox"/> Nightmares                     | <input type="checkbox"/> Social Withdrawal                         |
| <input type="checkbox"/> Crying Excessively     | <input type="checkbox"/> Obsessions                     | <input type="checkbox"/> Spiritual/Religious                       |
| <input type="checkbox"/> Dating Concerns        | <input type="checkbox"/> Overeating                     | <input type="checkbox"/> Suicidality/attempts                      |
| <input type="checkbox"/> Disorganization        | <input type="checkbox"/> Parent-Child Conflict          | <input type="checkbox"/> Thoughts of Harming<br>Self and/or Others |
| <input type="checkbox"/> Drug Use               | <input type="checkbox"/> Passivity                      | <input type="checkbox"/> Other _____                               |
| <input type="checkbox"/> Eating too much/little |   |  |

**Physical Symptoms ("C" currently experiencing, and/or "P" in the past (all that apply)**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Bowel Disturbance | <input type="checkbox"/> Excessive Fatigue/Tired | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Blackouts         | <input type="checkbox"/> Excessive Sweating      | <input type="checkbox"/> Poor appetite     |
| <input type="checkbox"/> Chronic Pain      | <input type="checkbox"/> Fainting                | <input type="checkbox"/> Tension           |
| <input type="checkbox"/> Constant Hunger   | <input type="checkbox"/> Headaches               | <input type="checkbox"/> Rapid Heartrate   |
| <input type="checkbox"/> Dizziness         | <input type="checkbox"/> Hearing Voices          | <input type="checkbox"/> Vision problems   |
| <input type="checkbox"/> Easily Startled   | <input type="checkbox"/> Incoherent Thoughts     |  |

Rate your current level of couple/marital satisfaction (circle a number)

<b>EXTREMELY</b>										<b>EXTREMELY SATISFIED</b>		
<b>DISSATISFIED</b>												
1	2	3	4	5	4	6	7	8	9	10		

What are your goal(s) for therapy? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How would you know things are improving? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**COUPLE INTAKE - To be completed by Spouse/Partner 2**

(Email for scheduling & administrative purposes only)

Name \_\_\_\_\_ DOB \_\_\_\_\_ EMAIL \_\_\_\_\_

Address City & Zip \_\_\_\_\_ Identifying Gender \_\_\_\_\_

Preferred Phone for contact & messages CELL WORK HOME \_\_\_\_\_

Occupation, Employer & Address \_\_\_\_\_

ER Contact Name & Number (other than partner/spouse) \_\_\_\_\_

Duration of current marriage or relationship? \_\_\_\_\_

Previous Marriage(s)? \_\_\_\_\_ Dates & Duration \_\_\_\_\_

Children from current and previous marriages/relationships      School/Grade/Where residing

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

Name \_\_\_\_\_ DOB \_\_\_\_\_

**Family & Medical History (Check all that apply indicating "S" for Self & "F" for Family**

\_\_\_\_\_ Depression      \_\_\_\_\_ Chronic Illness      \_\_\_\_\_ Neurological Problems      \_\_\_\_\_ Alcohol/Subst Abuse

\_\_\_\_\_ Bipolar Diso      \_\_\_\_\_ Physical Disability      \_\_\_\_\_ Learning Disability      \_\_\_\_\_ ADHD/ADD

\_\_\_\_\_ GI/Digestion      \_\_\_\_\_ Mental Illness      \_\_\_\_\_ Personality Disorders      \_\_\_\_\_ Anxiety (OCD, panic)

\_\_\_\_\_ Abuse: physical – sexual – emotional      \_\_\_\_\_ Physical Illness (ex: cancer)      \_\_\_\_\_ Other: \_\_\_\_\_

Current Medications & Who Prescribes? \_\_\_\_\_

Do you drink alcohol \_\_\_ smoke \_\_\_ use drugs \_\_\_ If yes, which & how often \_\_\_\_\_

Cutting Behavior \_\_\_\_\_ Thoughts of Suicide \_\_\_\_\_ Suicide Attempts \_\_\_\_\_ When \_\_\_\_\_

History of Medical/Mental Health Trauma \_\_\_\_\_

Previous Hospitalizations Where, When & Why \_\_\_\_\_

Name(s) of Previous Counselor(s) \_\_\_\_\_

Previous Counseling Issues \_\_\_\_\_

Are you adopted \_\_\_ If so, at what age \_\_\_\_\_ Contact w/biological mother \_\_\_\_\_ biological father \_\_\_\_\_

Are your parents divorced \_\_\_\_\_ How old were you \_\_\_\_\_ With whom did you reside \_\_\_\_\_

Mother's name, age, residence \_\_\_\_\_

Father's name, age, residence \_\_\_\_\_

Siblings names, ages, residences \_\_\_\_\_

Other significant family members in your life? \_\_\_\_\_

Significant family history/trauma: Relocation, Death, Divorce, Deployment, Conflictual Relationships

\_\_\_\_\_  
\_\_\_\_\_

Religious affiliation as a child? \_\_\_\_\_ Religious affiliation as adult? \_\_\_\_\_  
Highest level of education? \_\_\_\_\_ Financial/Legal problems? \_\_\_\_\_

**Current Symptoms and Behaviors of Concern (Please check all that apply)**

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> Anger                  | <input type="checkbox"/> Exercising too much/too little | <input type="checkbox"/> Peer Relationships                        |
| <input type="checkbox"/> Addiction _____        | <input type="checkbox"/> Finances                       | <input type="checkbox"/> Procrastination                           |
| <input type="checkbox"/> Alcohol Use            | <input type="checkbox"/> Flashbacks                     | <input type="checkbox"/> Recklessness                              |
| <input type="checkbox"/> Being Good to Yourself | <input type="checkbox"/> Hypervigilance                 | <input type="checkbox"/> Self-harming Behavior                     |
| <input type="checkbox"/> Binge Drinking         | <input type="checkbox"/> Impulsivity                    | <input type="checkbox"/> Sexually Acting Out                       |
| <input type="checkbox"/> Body Image             | <input type="checkbox"/> Irritability                   | <input type="checkbox"/> Sexual Problems/Dysfunction               |
| <input type="checkbox"/> Career/ Work           | <input type="checkbox"/> Lack of Ambition/Motivation    | <input type="checkbox"/> Sleeping Problems                         |
| <input type="checkbox"/> Compulsions            | <input type="checkbox"/> Marital/Couple Relationship    | <input type="checkbox"/> Socializing                               |
| <input type="checkbox"/> Concentration Problems | <input type="checkbox"/> Nightmares                     | <input type="checkbox"/> Social Withdrawal                         |
| <input type="checkbox"/> Crying Excessively     | <input type="checkbox"/> Obsessions                     | <input type="checkbox"/> Spiritual/Religious                       |
| <input type="checkbox"/> Dating Concerns        | <input type="checkbox"/> Overeating                     | <input type="checkbox"/> Suicidality/attempts                      |
| <input type="checkbox"/> Disorganization        | <input type="checkbox"/> Parent-Child Conflict          | <input type="checkbox"/> Thoughts of Harming<br>Self and/or Others |
| <input type="checkbox"/> Drug Use               | <input type="checkbox"/> Passivity                      | <input type="checkbox"/> Other _____                               |
| <input type="checkbox"/> Eating too much/little |   |  |

**Physical Symptoms ("C" currently experiencing, and/or "P" in the past (all that apply))**

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Bowel Disturbance | <input type="checkbox"/> Excessive Fatigue/Tired | <input type="checkbox"/> Numbness/Tingling |
| <input type="checkbox"/> Blackouts         | <input type="checkbox"/> Excessive Sweating      | <input type="checkbox"/> Poor appetite     |
| <input type="checkbox"/> Chronic Pain      | <input type="checkbox"/> Fainting                | <input type="checkbox"/> Tension           |
| <input type="checkbox"/> Constant Hunger   | <input type="checkbox"/> Headaches               | <input type="checkbox"/> Rapid Heartrate   |
| <input type="checkbox"/> Dizziness         | <input type="checkbox"/> Hearing Voices          | <input type="checkbox"/> Vision problems   |
| <input type="checkbox"/> Easily Startled   | <input type="checkbox"/> Incoherent Thoughts     |  |

Rate your current level of couple/marital satisfaction (circle a number)

<b>EXTREMELY</b>										<b>EXTREMELY SATISFIED</b>	
<b>DISSATISFIED</b>											
1	2	3	4	5	4	6	7	8	9	10	

What are your goal(s) for therapy? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How would you know things are improving? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_